



IARRT Newsletter

INTERNATIONAL ASSOCIATION FOR REGRESSION RESEARCH AND THERAPIES, INC. (IARRT)

[Formerly: Association for Past-Life Research and Therapies, Inc. (APRT), Founded 1980]

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Volume 27, No.2

Summer 2007



Christine Bartlett
IARRT President

PRESIDENT'S MESSAGE

Bringing The World Together

The purpose of the organization of IARRT is to be the leading professional organization of the World to raise consciousness and awareness of the validity and importance of Past Life and Regression Therapy for the individual and humanity, to cleanse Karma of past decisions and events, to create a Global network of human beings on the planet working together to cleanse and lift the consciousness of our planet.

It is critical at this time, that each of us do our own past life and cleansing work to resolve personal and professional issues with one another as colleagues and as an organization, to join together as a team, united as one voice.

IARRT is made up of many leaders. We have all, for the most part had lives as powerful leaders and revolutionaries. We have been kings, queens, warriors, shamans, doctors, priests, healers, inventors, destroyers and creators. In many lives we have been working together in similar and different causes, with passion, to change the world or systems of the world we live in.

With all this power and karma we have experienced in our past lives, wouldn't it be natural that today we would all have strong opinions, viewpoints and unresolved lessons and issues with one another? Wouldn't it be natural that each of us would want to do things our own way, add our unique signature to our work or stand out and shine as special?

Wouldn't it make sense that most of us have probably had many lifetimes working together as strong leaders and have many issues left unresolved with one other?

Of all the responsibilities we have as Past Life Therapists and Regression therapists the most important one is to lead by example, cleansing karma and healing ourselves so we can be free of the past and walk our talk. We are not perfect or above the thinking of the average human being on the planet. It is easy today to get caught up in the human mass thinking of ego, competition, one upmanship and power, despite knowing the powerful tool of regression therapy and how to use it.

How many of us can say we have truly released all our old wounds, released old grudges and are in harmony with one another and love one another easily with no issues?

Who in your life do you have unresolved issues with that you have not yet done a past life session about to release the karma?

How many of your past life colleagues and fellow members in our organization do you have differences of opinion with, resentment toward or judgement toward, that you have not gone back into the past to resolve and clear so you can be in harmony today?

Healer – Heal thyself!

I invite you to take the time between now and the Fall Conference in October in Danbury Connecticut to do this work for yourself and for the organization.

Now more than ever it is critical to be united. Now more than ever we need to walk our talk, resolve our past and come together at the Conference to collaborate, unite and join our energies in a collective voice. It is through unity that our voices will be heard in the masses, on a professional level and on a world level. It is through unity

that we will set in motion an energy pattern on the planet that will facilitate the higher vibration shifts for greater awareness and world healing.

We look forward to seeing each and every one of you and your friends and guests at the Fall Conference with renewed focus, energy and enthusiasm, clear of past issues and past karma. We have work to do!

See you then~
Christine Bartlett PT, CHT
IARRT President

BOARD MEMBER REPORTS



Cindy Blum
Marketing Committee Chair

Marketing Report

Hello everyone! Happy Summer! It is nice to finally feel life slow down a bit and enjoy the beautiful outdoors. We have had a wonderful push for Marketing IARRT and our Conference in October. We have been coordinating our efforts with Western Connecticut State University. They promised to put up the flyers and posters toward the end of school. They were also going to get sponsors to donate different options for the conference as well. We just got the envelope stuffers to go out with the Controller of Connecticut's paychecks. Everyone in Connecticut who receives state paychecks should receive a flyer about the conference.

Many of our local papers are doing a piece on the conference as well as each presenter's local newspapers as press releases. Radio stations will start to advertise in September to have it closer to the date. I have donated to Membership to have a professional web person help with the Marketing. Her name is Diane Harrell. I would like to welcome her to IARRT and thank her for her future help. Diane is presently searching the web for free advertising venues.

IARRT has been a blessing for those of us that practice Past Life Regression and Hypnotherapy. It has offered a place that we could come to and share what we are doing in our practices, share ideas, techniques, information received by guidance, research, cultures, etc. It shares international connection to those that share our work and philosophy. It has helped erase borders and cultural differences. This is a time we need to come together to understand who we are and what we have come here to do. We each have the power to make change in this world. We have done it one person at a time or possibly in groups but it is our mass consciousness as a group that will achieve a greater change in the world.

We need to have more people doing this work and spreading the teachings to as many as they can with the support behind them that IARRT can offer. The healing of this work is deep and profound. It is quick and direct. It enhances our spiritual window of awareness to see the world through. It offers us a greater understanding of tolerance, preciousness of life, our lessons we need to learn, and even our life purpose. We learn so much through the process. We see healing physically, emotionally, and spiritually. How can we slow down the wheels of progress that we have made in this field? The fields of psychology, medicine and religion have learned great things through this tool. We must continue the progress in these fields by teaching and lecturing about the benefits and deep healing this work accomplishes. We can only do this with a professional institution behind the work to show support and credibility. IARRT offers this professional support and credibility. It not only offers great conferences but wonderful training and a certifying board showing accountability.

This year we are trying to get out more to Universities, Hospitals, and groups, to lecture and offer all that IARRT offers. We will be offering more workshops as well. We would love to have a representative in as

many states and countries as possible. You would hold workshops and speak at Universities and Hospitals as an IARRT representative. Please let us know if you are interested in doing this.

Please help IARRT to rebuild a strong professional organization to support your work and to spread this invaluable work around the world. We can do this as a conscious community of healing vessels.

With Love, Light and Peace,
Saundra Cindy Blum – Marketing Chair
cindyblum@earthlink.net
(914) 767-0312

BOARD MEMBER REPORTS



Walter Semkiw
Publicity Chair

Publicity Report

We continue to make progress in making connections with Hollywood, in the hope of developing a television show on reincarnation. Several well-known actors and actresses, as well as television producers, have been exposed to reincarnation research in the last few months.

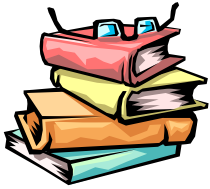
In addition, international connections have been made through my book, *Born Again*, with relationships built in Sri Lanka, India, Australia and England. A new version of *Born Again* will be published in Russian and the languages of the former Yugoslavia, and IARRT will be promoted as an organization to join for those interested in past life regression therapy.

In the new version of *Born Again*, Paul-Felix Montez is identified as a child prodigy case, along with the case of Pablo Picasso/Alexandra Nechita. Through the work that Kevin Ryerson and I have been doing, Paul has been identified as the reincarnation of Michelangelo. Paul embraces this past life match and he has created his own web page regarding correspondences between him and the sculptor from Florence who lived 500 years ago. The page can be view at: www.lasvegasnewage.com

In addition, I will write an article on reincarnation for a new magazine on Christ Consciousness, edited by Glenda Green, author of *Love Without End*. A working relationship with Gary Renard, author of *Disappearance of the Universe* has also been established. We continue to work to place reincarnation in the forefront of the consciousness movement.

Gayla Reiter and I are doing a series of presentations throughout the year on regression therapy and reincarnation research. At these presentations, which are given in Solano County, California, we encourage attendees to join IARRT.

Best Wishes,
Walter Simkew, M.D.
Publicity Chair

BOARD MEMBER REPORTSJournal Report

The new 2007 Journal issue is available to all members. As has been the case since 2000, this issue is available in electronic (PDF) format only. This issue is dedicated to two of our founders, Hazel Denning and Winafred Blake Lucas, both of whom made their transition late last year.

Now that the issue has been published I am calling for articles and book reviews for the next Journal issue. Have you read a book related to Regression Therapy that you think others in our field would find of use? Then write a review! I recently read that there are over 3,400 books published DAILY in the United States! Who knows how many are published world wide each day. There are sure to be many books with valuable information our membership would love to know about. I can help you write the review if you are intimidated with that aspect of the job. E-mail me at journal@iarrt.org.

Members now have access to electronic versions of the earliest issues of the Journal of Regression Therapy via the Journal link on the IARRT web site. Each electronic issue features a Table of Contents with clickable links to articles and book reviews. These newly available issues span the years 1986 to 1992. Remember, there is an annotated index of all issues up through 1999 available on the Journal web page, www.iarrt.org/journal.html. Don't want to buy a complete issue, just have interest in one article? Contact Connie in the office for information on how to purchase select articles. Some articles are available in electronic (PDF) format.

A reminder, with new Membership, a Member receives the password to the most recent Journal of Regression Therapy. Past issues of the Journal in hardcopy or electronic versions are \$26. Passwords and hard copies can be purchased through the IARRT office.

Lou Siron
IARRT Journal Editor

We'd Like to Hear from YOU!

**Share your ideas, comments or suggestions with any of the
IARRT Board Members!**

www.iarrt.org

BOARD MEMBER REPORTS



Gayla Reiter
Membership &
Nominations Committee
Chair

Membership Report

I'm really looking forward to our fall conference.... not only is it wonderful to connect with other therapists and enjoy the many stimulating workshops; the Northeast is so lovely at that time of the year. I hope you can attend and that we may connect on a personal level.

I have been conducting group past life regressions for about 20 years. They provide an excellent way to introduce the curious as well as those seeking to explore specific issues to the realm of past life regression. Following a group past life regression, I hand out a bibliography of books related to reincarnation/past life therapy/near death experiences, etc. We have a discussion of participant's experience during the hypnotic regression and there is often a wonderful synchronicity evident. Many times individuals with similar core issues will show up in a group session or at other times a number of people in the group will report visiting a similar time period or geographic region. When a person reports their experience, it frequently triggers a deeper response in those also present during the regression, as if one person's exploration served as a catalyst for other's "aha" connection.

Group regressions may be conducted in your home, in a local library or meeting facility and often colleges will offer a course in Reincarnation or Past Life Exploration if you approach them. I usually limit the size of my group regressions to about 15 to 20 people, although some prominent authors have been known to conduct group sessions with over 1000 attendees. I've been doing Saturday workshops on Past Lives at local colleges for over 10 years and they are always well attended. This can lead to future clients as often people who touch on issues during a group session, will later contact you to do deeper healing work or to further explore their past lives on a one on one basis.

Doing talks at local metaphysical shops, liberal churches (such as Unity or Science of Mind), college classrooms, service groups like Soroptomists, etc. is another way to increase awareness of the benefits of past life therapy. During these talks, I always bring flyers for my upcoming group regressions; college classes or other planned events, an IARRT brochure and also pass around an email sign up sheet so I can send email notices of future events. Such presentations provide an excellent way to inform people of IARRT. I've had people who were interested in reincarnation, and not hypnotherapist sign up for IARRT membership because of their interest in the topic, access to the IARRT Journal and in order to keep abreast of the latest information in the field.

I've redesigned the IARRT brochure for this purpose.... Our prior brochure had become out of date. I am attaching a copy of the new brochure, which you may copy and distribute locally. It is designed to be copied on one sheet of paper (two-sided copy) so that it can be folded with the IARRT logo and office information on the front of the brochure. Each of us needs to encourage our colleagues and those who are interested in the subject of reincarnation and past life regression to join IARRT. Any organization relies upon the interest and dedication of its members to sustain it...in order to be viable and to continue to offer the workshops, newsletter, website and office, we must increase our membership. The brochure can also be downloaded from the IARRT website in the Join IARRT section; <http://www.iarrt.org/join.html> .

Please call me at (707) 745-0105 with any questions you might have. I very much appreciate your suggestions or ideas about how to increase our IARRT membership and would also love to hear of ideas/promotions you have used that have been successful. You may also email me at: gayla@gaylareiter.com. I hope to see you this October at our exciting fall conference!!

In April, the Board voted to reinstated a previous membership category for corporations as stated below:

“Contributing Membership” category. The cost is \$170.00 and is described as follows: “Contributing membership is open to individuals, organizations, institutions or foundations who wish to support the work of the Association. Contributing agencies shall have the privilege of assigning a representative who shall have privileges of the membership category for which he/she is qualified. Discounts can be shared by a maximum of three.” This new membership category will be added to the By-laws under the Membership Category Section.

Call for Nominations

Article VII, Section H 1 of IARRT's ByLaws calls for a notification to the membership of vacancies for the IARRT Board ninety five days prior to the Annual Meeting (which will be held the second week of October 2007). Article V , Section 1 of our ByLaws indicates our Association will be governed by a Board of twelve (12) Directors elected by the eligible voting members at the Annual Conference. We currently have 9 Board Members serving on the IARRT Board, so there are 3 vacancies to be filled. Duties of each Board member are determined at the Board meeting following the election. Board members hold office for a period of three years.

If you are interested in assisting with IARRT's leadership during this very important time, please send your resume and statement of intent (i.e. why you are interested in being on the Board and any special background or training you have that would be useful to IARRT's growth) to me by August 20, 2007. My address and contact information is:

Gayla Reiter
240 Baker St.
Benicia, Ca 94510
email: gayla@gaylareiter.com.
telephone: (707) 745-0105

Namaste,
Gayla Reiter
Membership Chair



Congratulations to Joseph Costa for recruiting 10 new IARRT members in June! IARRT's goal is to actively recruit 120 new professional members to join our organization by Dec 2007. That's 20 new members per month! Do you have students or colleagues you could invite to join our organization and strengthen our membership? Do you talk to people who are interested in Past Lives who you could invite to join IARRT, attend a training or the conference? Please join us. The new [IARRT Membership Brochure](#) is available to have in your office and give to your students, clients and colleagues. Download it today on the IARRT website and post in your offices, workshops and training packets.

BOARD MEMBER REPORTS



Carol Knoll
Education Director

Education Report

I have been receiving inquiries about our IARRT training at the conference and made some good connections. We will have students and would always love more!

We are actively promoting the IARRT Training Program and Post Institutes and upcoming events this summer. If you have a training school or teach programs, please assist us in spreading the word about the training.

Flyers and marketing materials are available, I would be happy to send them to you. If you have any questions about the IARRT Training program or Post Institutes I would be happy to talk to you.

"The next training event is"
OCTOBER, 2007, in DANBURY, CT. USA

TRAINING EVENTS

- | | |
|---------------------------------|--------------------------------|
| Course in Professional Hypnosis | October 8 - 12, 2007 9am- 5pm |
| Regression Therapy Training | October 10 - 12, 2007 9am- 5pm |
| Level 2 – Basic Skills | |
| Level 3 – Intermediate Skills | |
| Level 4 – Advanced Skills | |

*See full descriptions of course contents at www.iarrt.org under training.

- POST- TRAINING INSTITUTE - OPEN TO PROFESSIONALS & THE PUBLIC
- | | |
|---|--------------------------------|
| 15 th STEP PROCESS | October 15-16, 2007 , 10am-6pm |
| Energy Work and Integration: The Crown On Every Session | October 15-16, 2007, 9am-5pm |

* See full description of these classes on www.iarrt.org

Tuition (Please pay tuition to IARRT office)

IARRT Member Prices

- | | |
|---------------------------------|---|
| Course in Professional Hypnosis | \$650.00 after September 1 \$750.00 |
| Level 2 or Level 3 | \$350.00 after September 1 \$450.00 |
| Level 4 | \$375.00 after September 1 \$475.00 |
| | Non-Members add \$50.00 to above |

- | | |
|-------------------------------|--------------------------------------|
| 15 th Step Process | \$235.00 Member, \$285.00 Non-member |
| Energy Work and Integration: | \$235.00 Member, \$285.00 Non-member |

TUITION REFUNDS NOT AVAILABLE AFTER October 1, 2007

Carol Knoll
IARRT Education Chair
465 Goodspeed Rd.
Virginia Beach, VA 23451

BOARD MEMBER REPORTS



Dorothy Neddermeyer
Vice President &
Conference Chair

World Congress Report

Third World Congress on Regression Therapy - Mangaratiba, a small village near Rio de Janeiro, Brazil in September 2008.

The web site (<http://www.regressioncongress.org/>) will have all details for call for workshops, registration, and payment etc. on July 15th. A conference call with all committee members will be scheduled as soon as a date can be coordinated. Committee members have been asked to chair a committee to coordinate various activities.

Hans tenDam, Netherlands, is invited to coordinate the Debate activity proposed by him and for which he is well suited to manage.

Aarti Khosla, India, is invited to coordinate the activity of Thematic Encounters. It would be mainly to receive the participants' suggestions following the registrations and to decide with Committee, which themes would be proposed for the Encounters.

Dorothy Neddermeyer is invited and has accepted the invitation to coordinate all the arrangements for tributes to Sunny Satin, Maria Júlia Prieto Peres, and the mother of our colleague, Júlio Peres. She is the pioneer of PLT in Brazil, Hazel Denning, worldwide PLT pioneer, organizer and Past President of APRT, currently, IARRT and Winefred Lucas worldwide PLT pioneer and member of IARRT.

We hope to meet you in September 2008, Brazil!
Milton Menezes, Rio de Janeiro, Chairman
Hans TenDam, Netherlands
Dorothy M. Neddermeyer, USA
Aarti Khosla, India
Mário Resende, Portugal

Conference Report

**" REGISTER TO ATTEND THE CONFERENCE NOW! Space is filling up quickly.
Register online or call the office at 951-784-1570"**

2007 Conference Annual International Conference
Western Connecticut State University in Danbury, CT
October 12 -14, 2007

We are excited to announce the 2007 conference will be Co-Presented by the Western Connecticut State University in Danbury, CT. Founded in 1903, WestConn has an arts and sciences curriculum, a business school, several professional programs, elementary and secondary education, nursing, music performance, and social work, as well as curriculum in holistic health care. It is also home to The Jane Goodall Center for Excellence in Environmental Studies.

Danbury--elevation 456 ft--is a great place to live, work and play. Danbury as the 7th largest city in Connecticut is in the unique position of managing a surplus and maintaining a high level of services. Danbury is 49 miles from Manhattan either by car or one hour train ride. The Swamp maple trees will be at their peak in fall colors.



Richard Sutphen

Friday October 12 - Keynote Speaker: Richard Sutphen

Sutphen is the author of the million-copy bestseller, "You Were Born Again To Be Together." His latest book is "Soul Agreements," and he has created 300 mind-programming CDs. Over 175,000 people have attended a Sutphen Seminar, and he instructs medical professionals in how to use his life-changing hypnosis techniques. For more information: www.dicksutphen.com



Roland Comtois

Saturday, October 13 Keynote Speaker: Roland Comtois channel speaker/entertainer Roland Marcel Comtois, Jr., LPN/Reiki Master/Teacher, Internationally and Nationally known Spiritual and Intuitive Consultant, Specializing in Channeling and Mediumship, Reiki and Intuitive Advisement. He is Founder and Director of the Center for Inner Harmony, Angelic Visions Adopt - An - Angel Program and Rhode Island Institute for Reiki Training.

Pre-conference: October 8 - 12.

Conference: October 12-14. Eighteen workshops are scheduled.

Keynote Speaker: Richard Sutphen, October 12, 8:00 PM

Registration: begins on October 12 at 4 p.m.

Post Conference: October 15, 16, 17.

Hotel - Ethan Allen

21 Lake Avenue Extension

Danbury, Connecticut 06811-9956

203.744.1776 or 800.742.1776

<http://www.ethanallenhotel.com/>

Discover New England elegance and friendly service at the newly renovated Ethan Allen Hotel in Danbury, Connecticut, conveniently located midway between New York City and Hartford. The Ethan Allen Hotel will make you feel at home from the moment you step through our door.

Airport: LaGuardia International - Queens, NY

JFK International - Queens, NY

Bradley International - Hartford, Ct.

Ground transportation: Super Shuttle at airport or rental car

Check all three location for airfare prices.

Please check the web site for full details. <http://www.iarrt.org/conference.html>

See you in October!
Dorothy M. Neddermeyer,
Vice President and Conference Planning Chair

BOARD MEMBER REPORTS



Joseph Costa
Research Committee
Co-Chair



Eric Christopher
Research Committee
Co-Chair

Research Report

In regards to any relationship, Neile Walsch once said that we should try to think of it as a container to pour things into rather than as a cookie tray to grab things from. To that degree, that relationship will thrive in all ways and in all directions.

Something magical happens when all of us, as members, shift our view of IARRT as *our* container to pour resources into, whether it be through sharing experiences, opinions, ideas, articles, case study research, participating in research via the convenient post-session

survey for clients, attending conferences, financial donations or simply spreading the word and encouraging people to join the world’s oldest and most revered organization dedicated to research, training past life therapists, sharing the benefits of past life therapy and expanding awareness of our larger identity as eternal souls.

The world is fast changing and it is ready for IARRT. As members, you are pioneers in this consciousness movement. Anything you offer, whatever it is, is valued and warmly received. It is your organization. You are it – in its unity and diversity. Anything you offer benefits it and the world. I look forward to seeing familiar and new people at the fall conference. If you have any questions about the new Research survey posted on the IARRT website or what is happening in research, feel free to give me call.

Research Committee
Eric Christopher (echrist84@hotmail.com)
Joseph Costa, PhD (joseph@15thstep.com)



CONNIE BROOKS
EXECUTIVE DIRECTOR

Office Report

"NEWS FROM THE OFFICE"

As we gear up for the Fall conference and training it is always nice to connect with you, our membership, and find out what you have been active doing in your lives and practices. During the year we are so busy we lose touch with one another until we reunite at our annual reunion, the Conference!

We always love to have a personal connection with you, so feel free to call us this summer to share your news, your vacation plans, your travels and your professional activities. We would love to hear from you. If there is anything we can do to assist you, I am here to help.

Connie Brooks
Executive Director

2007 IARRT BOARD MEMBERS

Christine Bartlett, PT, CHT president@iarrt.org newsletter@iarrt.org christbartlett@aol.com	President
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Joseph Costa, Ph D Joseph@15thStep.com	Research
Gayla Reiter, MS, CHT gayla@mindspring.com	Nominations / Ethics Domestic Membership Chair / Raffle Coordinator
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Connie Brooks pastlife@empirenet.com	Executive Director

Plan to attend IARRT and World Congress Conferences Today!



October 12-14, 2007
IARRT Annual Conference
Danbury CT

September 2008
World Congress
Rio De Janeiro, Brazil